

EXAMPLE OF WEEKLY ACTIVITIES

BORGO EGNAZIA

Yoga Iyengar

Tuesday – 10am

Thursday –10am

Saturday –10am

Sunday –10am

Meeting at Vair SPA / Minimum age required 18 years / Max 10 guests

Fitwalking

Monday - 8am

Meeting at the main reception 'La Corte' / Minimum age required 18 years / Max 10 guests

Stretching

Wednesday - 8am

Meeting at the main reception 'La Corte' / Minimum age required 18 years / Max 5 guests

Borgo Jogging

Wednesday - 8am

Meeting at the main reception 'La Corte' / Minimum age required 18 years / Max 10 guests

Reservations to be made at the Spa reception and before 3pm of the day before.